

TRANSITION BOOKLET 2024

What is this pack?

This pack is for you and your family. Coming to secondary school is a really big change and something that is a massive part of your life. It is scary and we know that some things will scare you more than others, but that is okay. This pack will hopefully help you to get to know your new school a lot more and also help you with some of your worries. We have included some activities that may help you which you will complete on your Transition day and at home.

Name:			





Welcome to the HUB

We are a department in school who look after students who might need extra help with their learning. We help students in lessons, run break and lunch time activity clubs and are always here for a hot chocolate and a chat.

Simpson HUB CO









The Links Team

The Links Team is made up of specialist teachers and tutors who support students on our alternative programme of study as well as delivering specialist

interventions for children in English, Maths, Science, History, Geography, RS and Languages.

















The Bridges Team

Bridges is a place for you to go if you need some support with school life.





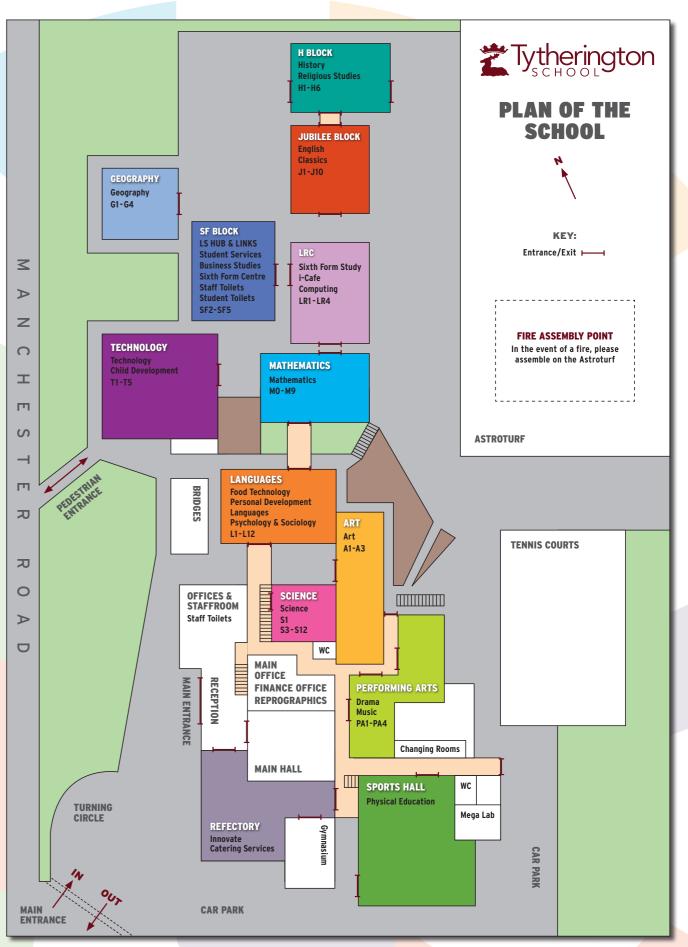


The Wellbeing Team

Mrs Broadbent and Mrs Friel support the emotional and wellbeing needs of students at Tytherington.



MAP OF OUR SCHOOL



OUR SCHOOL

Here are some pictures of our school. We think these are the most important ones you need to see now.



SK10 2EE.

far away it is from

your home.

Why don't you find it on Google Maps and see how



This is our Refectory where you can eat your lunch. Some of you might have your breakfast in school if you get in early enough. You can also sit here during break times and meet your friends in the morning. You can choose to buy a hot lunch or bring a packed lunch with you.



This is what some of our classrooms look like. Most of them look the same, but there will be a few that are different because we teach some subjects which require special rooms, like





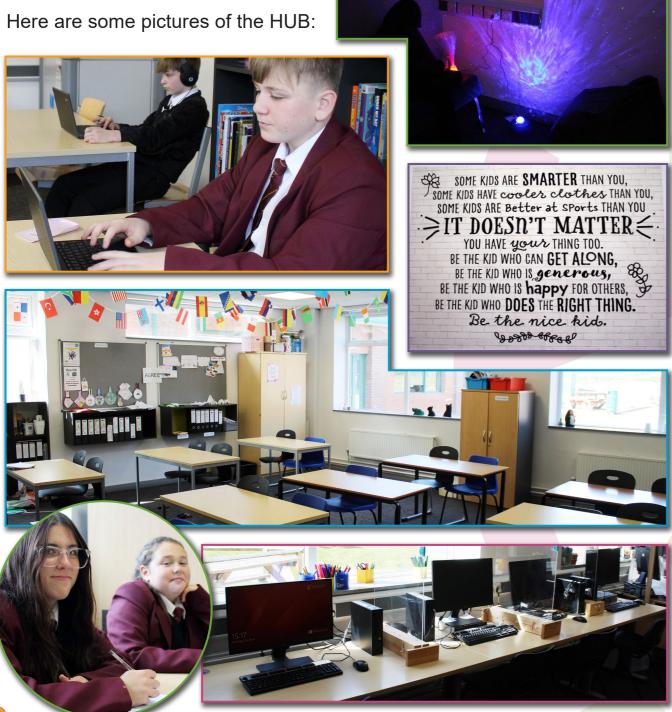




THE HUB

We have created a safe space for you to use when you are feeling a little worried or you need time out of lessons, this is called the HUB.

There is always a member of staff in the room and you may also use the HUB when you have support for lessons.



The Refectory

At Primary school, you probably had your lunch meal in the hall. At Tytherington School, there is a self-service canteen where you can buy your meal.



Can I have a packed lunch?

Yes, you can bring a packed lunch to eat in the refectory.

Where do I eat my packed lunch?

There are benches and tables outside to eat, as well as in the refectory.

How do I pay for my school lunch?

You can put money into your account online by



There is also a machine to do this in the refectory using cash.

What time is lunch?

1.25pm – 2.05pm every day.

What do I do if I have free school meals?

You will have money put on your account automatically.

Do I need a snack for break-time?

YES! It is a good idea to also bring or buy a snack in the refectory.



- Full school uniform is to be worn on your journey to and from school and at ALL TIMES in school.
- All girls who wish to wear a skirt must only wear the drop waisted pleated skirt embroidered with the school logo and it must be of modest length.
- Skirts no shorter than 5cm above the knee.
- Girls are not allowed to wear over-knee socks or leg-warmers.
- Your shirt/blouse must be tucked into your trousers or skirt and buttoned to the neck.
- Only school related badges are to be worn on your blazer lapels.
- The sleeves of your blazer must not be pushed or rolled up.
- The cuffs of your jumper must not be pulled or rolled down below the sleeves of your blazer.
- Shirt or blouse cuffs must not be turned up over your blazer.

- When weather requires an extra layer, a scarf and an appropriately smart coat or anorak with no large logos may be worn over your school blazer outside in the school site, but not in the classroom or refectory.
- Hoodies and tracksuit tops are not permitted.
- Trouser bottoms must not be tucked into socks.
- Piercings: Boys and girls are allowed to wear one stud or sleeper, only in the lobe of each ear.
- No nose, lip, eyebrow, tongue or stomach studs or piercings. Clear plastic retainers are not permitted.
- Jewellery: One unobtrusive ring and necklace may be worn. Additional jewellery will be confiscated.
- Bracelets and charity bands are not permitted.
- Hair: Only conventional styles, cuts and natural colours are permitted.
- Extreme colours and styles are not allowed, particularly shaven designs, number one clipper grades and excessive braiding.
- Only natural looking make-up is permitted.
- Excess facial or hand make-up will have to be removed.
- Plain black or plain white hijab (if required).

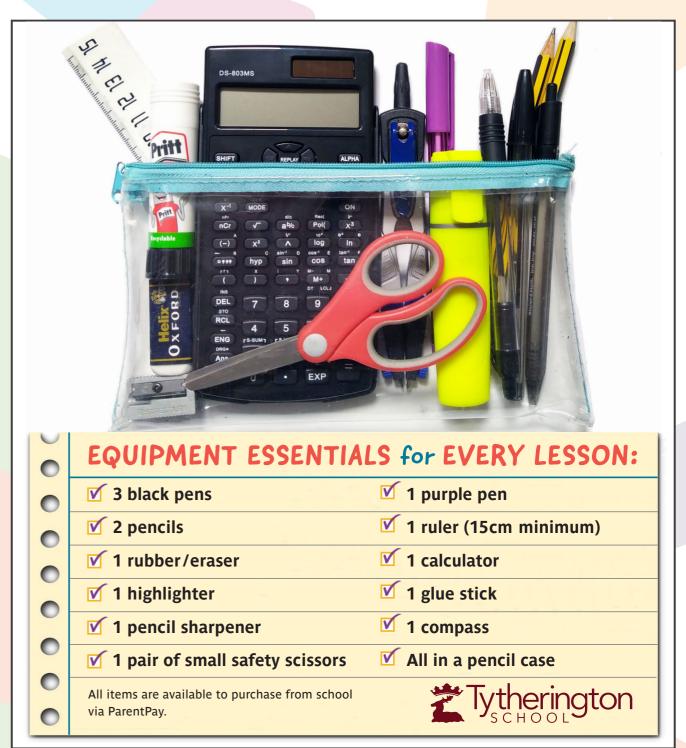
PLEASE ENSURE ALL UNIFORM, INCLUDING PE KIT, IS CLEARLY NAMED

THE FINAL DECISION ON THE APPROPRIATENESS OF UNIFORM LIES WITH THE HEADTEACHER OR DEPUTY HEADTEACHER

MY SCHOOL BAG

- 1 Is it strong enough for all my books?
- 2 Is it waterproof?
- 3 Is it big enough for my PE Kit?
- 4 Is there a locker to keep things safe or do I carry it all day?

What do you need in your School Bag?



Break Time

At some time in the morning you will usually have a longer break in which you have time for a snack and to meet up with your friends.



Start time	End time	Length of break				
Where can I go and what	t can I do at morning b	reak?				
What are you allowed to do?						

Lunch Time

The lunch break is between morning and afternoon lessons. It is a time when you can mix with your friends, go to a lunchtime activity, and eat your lunch.

Start time	End time	Length of break						
Where can I go and what	Where can I go and what can I do at morning break?							
Place?	Place?							
What are you allowed to do?								

Brain Gym



Positive Points

Whenever you feel under pressure or upset you can hold your Positive Points to release some of your feelings.

Put two fingers over your forehead above your eyebrows and keep them there while you think through your problem.

Holding your fingers here helps bring your electrical energy to the front of your brain instead of the survival centres at the back of your brain.



There are some things you can do to feel good whilst at school:



2 Avoid screen time before bed

4 Pack your school bag the night before



Go to bed at a reasonable time



5 Have a spare timetable at home

Things to Start Us Off...

Complete the Grid on this Page. There are four boxes in the grid. You can fill each grid with words, sentences, pictures or a mixture of all of these.



Here are some tips:

- 1 lexpect (In this box you will be filling in what you think your new school will be like. For example, more homework)
- 2 I feel (In this box you will be filling in how you feel about the move to your new school. For example, happy, excited
- 3 Things I am sure of (In this box fill in what you know for sure about your new school. For example colour of uniform, is it a boys/girls/mixed school)
- 4 Things I am not sure of (In this box fill in things you are not sure of. For example what time schools starts, where will I keep my books?)

I expect	I feel
Things I am sure about	Things I am not sure about
Things I am sure about	Things I am not sure about
Things I am sure about	Things I am not sure about
Things I am sure about	Things I am not sure about

Going to Secondary School - HOW DO YOU FEEL?



These could be useful to think about when you think about changing school.

Use two different coloured highlighters, highlight the phrases that you are looking forward to in one colour; use a different colour for those you are worried about.

Making new friends	Learning a new timetable
Lunch time	Getting home from school
Having a different uniform	Being on time
Finding my way around	Break times
Getting to school	Learning new subjects
Meeting others my own age	Joining clubs
Being with friends	School rules
Homework	Meeting my new tutor
Meeting my new teachers	Being able to do the work
Being with older pupils	Getting changed for sport / PE

Facts About My New School



You will have the chance to complete this with the HUB Team in your Taster session.

Questions about how the School works	Your answer
What time does school start/finish?	
What times are break times and lunch time?	
What sort of food is sold? How much do things cost?	
Where do students go at lunch time?	
How much homework do you get?	
Where can I do my homework in my free time?	

Questions about how the School works	Your answer	37
What happens if my homework isn't done?		
What happens if I get into trouble? What are the sanctions?		
Who's the best person to talk to if I am having problems?		
How am I rewarded for my work?		
What time does school start?		
What time does break start?		
What time does lunch start?		

My New Timetable

Timetable - Healey, Elizabeth 7EH as at 01/09/2024

	1M	[on	1T	ue	1W	'ed	1H	ur	1F	ri
1	7c/E1		7c/	Te1	7c/	F1	7c/]	Pt1	7c/	M1
1	J10	GR	T4	GC	L12	LC	G4	JB	M7	RC
•	7c/l	Pe1	7c/	M1	7c/	E1	7c/N	/Iu1	7c/N	Mu1
2		MH	M7	RC	J4	DV	PA1	RB	PA1	RB
2	7c/S1		7c/S1 7c/S1		7c/Pe1 7c/S1		'S1	7c/F1		
3	S1	LJ	S1	LJ		MH	S1	LJ	L12	LC
4	7c/I	Or1	7c/	G1	7c/	/F1	7c/	E1	7c/	A1
4	PA3	JR	J 9	CW	L12	LC	J10	GR	A1	TQ
_	7c/]	H1	7c/	Cs1	7c/.	M1			7c/	/S1
5	L6	HP	LR1	\mathbf{RL}	M7	RC			S1	$\mathbf{L}\mathbf{J}$

	2 M	[on	2 T	ue	2W	/ed	2 H	ur	2 F	ri	
1	7c/Dr1		7c/Dr1 7c/G1		7c	7c/E1		7c/M1		7c/S1	
1	PA3	JR	J9	CW	J4	DV	M7	RC	S1	LJ	
2	7c/H1		7c/H1 7c/Cs1		7c/H1		7c/A1		7c/H1		
2	L6	HP	LR1	RL	L6	HP	A1	TQ	L6	HP	
_	7c/]	M1	7c/	Sp1	7c/	Te1	7c.	/E1	7c/N	Tu1	
3	M7	RC	L12	LC	L3	NK1	J4	DV	PA1	RB	
4	7c/]	M1	7c/	Rs1	7c/	/M1	7c/	/G1	7c/I	Pe1	
4	S12	SC	J9	CW	M7	RC	J9	CW		MH	
_	7c/S	Sp1	7c/	Pe1	7c	/L1			7c/	E1	
5	L12	LC		MH	J4	GY			J10	GR	

Timetable Quiz

Have a look at the example timetable opposite, and then answer the questions below:



	21
Questions about the timetable	Your answer
How many lessons do you have a week?	
Which days do you have Geography?	
What does 'Mu' stand for?	
What lesson do you have on Tuesday, Week 2, 3rd lesson?	
How many English lessons do you have each week?	

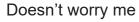
What I Am Worried About...

Think about something that worries you about moving to Secondary School and rate it on the scale below how much it worries you.











Worries me a lot

What is the worry?	
On the scale of 0 to 10 how worried are you?	
Think of a time when you have been worried before	
What helped you move down the scale that time?	
What would help you move one point nearer?	
What will have changed so you know you are less worried?	

Worry Jar

This is a worry jar. If you are feeling stressed and worried about something then put it in the jar by writing it down.

The top of the jar is sealed so that the worry cannot get out of it.

Once it is locked in the jar it is time to think about the positives and negatives of the worry. There can be positives that come from a worry, just think really hard, and using two different colours, write these down. Choose your favourite colour for the positives and another colour for the negatives. If you want, you can even share your worry with someone else so that they can help you, but you have to be comfortable to do this.



Learning Some New Words!



At Secondary School there are lots of new words and phrases to get used to. Some are the same whichever school you go to, others are specific to Tytherington. Here are some words to set you off:

1	Refectory	8 Food Technology
2	Learning Resource Centre (LRC)	9 Modern Languages
3	Registration	10 Break Time
4	Form Time	11 Lunch Time
5	Tutor Teacher	12 Refectory
6	Head of Department	13 Awards Evening
7	Head of Year	14 Personal Development

Can you think of any more?
15
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25

How Much Can You Remember?

How many of these questions can you answer from what you have learnt?

Question	Your answer
What time are breaks and lunch times?	
How much homework do I get?	
Can I stay after school to do my work?	
How do I complete my homework?	
What do I do if I do not have a computer?	
Do we have assembly every day?	
Who should I ask if I get lost?	
Who is the best person to talk to if I get bullied?	
Is there anyone my parent can speak to if they are worried?	



- Be Ambitious 1
- Be Ambitious 2
- Be Ambitious 3



- Be Respectful 1
- Be Respectful 2
- Be Respectful 3



- Be Prepared 1
- Be Prepared 2
- Be Prepared 3



- Be Involved 1
- Be Involved 2
- Be Involved 3

Rewards

Here at Tytherington School, we pride ourselves on being an ambitious school at the heart of the community.

At the heart of our school lies a firm commitment to the development of four **Core Values**.

All students should strive to demonstrate ambition, respectfulness, preparedness and a willingness to involve themselves in the school and local community.

Our Core Values create clear expectations and a common language that can be understood by all.

Our **Rewards System** is linked to our Core Values

– we prioritise the acknowledgment of positive
behaviour and communicate this with students
and parents via the ClassCharts app.

Students will be issued positive points for exhibiting our core values i.e., completing an excellent piece of work (being **ambitious**), helping another student or member of staff (being **respectful**), submitting a good piece of homework on time (being **prepared**) or involvement in an extra-curricular activity (being **involved**).

Students can then use these positive points to purchase items from the Rewards Store on ClassCharts.



Can you list any of the rewards available from the Rewards Store?

Consequences

The learning that takes place in our classrooms is our most valuable resource therefore it is vital that our teachers have disruption free classrooms in which they can teach, and students have disruption free classrooms in which they can learn.

A **Stage 1 Warning** aims to support a return to positive conduct. A Stage 1 warning is issued when the student chooses not to engage with positive conduct. Lateness to lesson without a valid reason will result in a student being placed on a Stage 1 Warning.

If negative behaviour persists a **Stage 2 Lesson Removal** will be issued. Any student in receipt of a Stage 2 Lesson Removal will be issued with a 60-minute afterschool detention for the following evening.





