

Dear Parent / Guardian,

Your child is working towards achieving their Bronze Duke of Edinburgh's Award and will be undertaking the expedition section of the award with us. The section comprises three different events: (1) Pre-expedition Training, (2) a Training Expedition and (3) a Qualifying Expedition.

The first of these events will take the form of a training day at school:

- Date: **Monday 8<sup>th</sup> January 2024**
- Time: **08:45-15:05** – Registration with Mr Pilbury in the Refectory at 08:45

The pre-expedition training day is designed to help inform and prepare the participants for their expedition. Expectations for their future participation will be explained. Get Outside the Classroom staff will be on hand to help participants understand everything this section of the Award has to offer.

Get Outside the Classroom staff will provide a series of workshops covering; First Aid, kit selection, packing a rucksack, pitching tents, food, stove use, and basic navigation. There will be many opportunities for practical learning, asking questions, and taking on advice. The instructors appreciate the student's involvement and engagement; therefore, participants are encouraged to make the most of what is on offer.

Participants should come dressed and prepared to be outside all day- bring a waterproof coat and trousers. Please check the weather forecast and dress appropriately. Participants will need to bring a packed lunch, pen, notepad, mug, spoon, and a drink all in a small bag.

During the stove session participants will have the opportunity to make a hot chocolate (provided). If they wish to, they can also bring in a pot noodle snack or similar which is made with the addition of hot water.

The aim is that all participants will leave the day able to make good, informed decisions about what to bring on their expedition, will have familiarised themselves with some of the equipment they will use, and therefore be more confident with the challenge ahead.

Many thanks for your support and we look forward to meeting the group.

Kind regards,



Mark Harnden  
**Director, Get Outside the Classroom**