Silver DofE Award

Tytherington School

Dates, meeting points and what to bring for your child's programme.

Practice Expedition

Friday 16th April (evening) - Sunday 18th April 2027 (provisional)

Start location	Pindale Farm Outdoor Centre, Pindale Rd, Hope, Hope Valley S33 6RN; arrive 6pm
Campsite	Pindale Farm Outdoor Centre, Pindale Rd, Hope, Hope Valley S33 6RN
Finish location	Castleton Visitor Centre, Buxton Rd, Castleton S33 8WN; finish 4pm

Qualifying Expedition

Friday 14th - Sunday 16th May 2027 (provisional)

Start location	Castleton Visitor Centre, Buxton Rd, Castleton S33 8WN; arrive 10am
Campsite	Night 1 Rowter Farm Campsite, Rowter Farm, Castleton, Hope Valley S33 8WA
Night 2	Greenacres, Nether Booth, Edale S33 7ZH
Finish location	Castleton Visitor Centre, Buxton Rd, Castleton S33 8WN; finish 4pm

In an emergency please contact Tom Kelly 07902585691 from Excel Outdoors.

About Excel Outdoors

Excel Outdoors comes out of 25 years experience on the hill. My Name is Thomas Kelly and I am the CEO of Excel Outdoors, my first memory of the outdoors is being dragged up a gully on Dow Crag and wild camping at Goat's Water. Since then the outdoors has been a huge part of my life. I completed my DofE Awards, began supporting my centre as a Leader and DofE Manager.

For 18 years I have worked for the DofE Charity initially comms and leading outdoor training, then as an Operations Manager for 8 years and during the Covid year of 2020 as Acting Director for the North of England.

During my time with DofE I delivered outdoor training qualifications, led DofE expeditions and was responsible for the Cumbria Assessment Network. I have provided consultancy to local authorities for outdoor provision and AALS and provided consultancy to schools delivering DofE expedition

2020 and 2021 were extremely difficult years for all and it gave many of us the opportunity to reflect on our careers and purpose. For me I realised that my passion is for developing and training people and helping them to excel in life and hence Excel Outdoors was born.
www.exceloutdoors.co.uk

Medical consent form

Please give Tytherington School permission to share your parent/carer email address with Excel Outdoors Ltd by 16 December 2026. We plan to email the medical consent form around 16 January 2027. Please complete it when received. We will request updates before later activities; please also tell us promptly if any details change.

Equipment

This is the equipment you will wear or carry each day. Use the information below as you organise your kit and tick off items, so you know what you have packed and won’t miss anything.

The items below are what we think you will need, there is a more extensive kit list and more information on the DofE Website if you would like to look DofE expedition kit list

Some of the items are provided by Excel outdoors as part of the cost of the expedition (see below) You can also hire a roll mat, rucksack and Sleeping bag if needed, if you wish to hire any of these you can indicate your requirement of this on the medical consent form. The cost is £12+VAT each for Rucksacks and £20+VAT sleeping bags and £6+VAT for a foam roll mat. You will be sent a stripe link for this once we have the form back.

If you have any questions don’t hesitate to ask, please email me at tom.kelly@exceloutdoors.co.uk

Kind regards.

Tom Kelly

Your kit checklist

Tytherington School | Silver

Tick each box as you pack. Items provided by school or Excel Outdoors are identified below.

Clothing	Tick	Other items (continued)	Tick
Walking boots not shoes (ankle Support, vibram sole, stitched tongue)	☐	Wash kit (e.g. baby wipes/soap, deodorant, toothpaste, toothbrush, small towel)	☐
2* walking socks	☐	Small torch	☐
3* T-shirt (not cotton)	☐	Personal medication/small first aid kit (blister plasters!)	☐
Jumper/fleece jacket	☐	Sun cream	☐
2* walking trousers (e.g. tracksuit bottoms not Jeans!)	☐	Watch	☐
Waterproof jacket	☐	Something for your meal, (bowl/plate), cutlery	☐
Waterproof over trousers	☐	Mobile phone for emergency use only	☐
Woollen hat/gloves	☐	**Group equipment (split between the group)**	Tick
Underwear for 2 days	☐	Compass (provided by Excel Outdoors)	☐
1*pyjamas	☐	Map (provided by Excel Outdoors)	☐
Food (more info will be given on the training day about type of foods to bring)	Tick	Route cards (provided by Excel Outdoors)	☐
2* Breakfast	☐	Tent (provided by Excel Outdoors)	☐
3* lunch (on practice your arrive at 6pm, so only need two lunches.	☐	Trangia (cooking stove) (provided by Excel Outdoors)	☐
2* dinner	☐	Firelighter (provided by Excel Outdoors)	☐
Snacks	☐	Washing up equipment (provided by Excel Outdoors)	☐
Some emergency rations	☐	Group first aid kit (provided by Excel Outdoors)	☐
Other items	Tick	Rucksack (we recommend a 65 litre rucksack) (can Hire)	☐
Sleeping bag (can hire)	☐	Rucksack liner (can be polythene bag/rubble sack)	☐
Carry mat (can hire)	☐	Water bottle	☐